

MPA (Child, Youth & Family) Grand Rounds

ACT in ACTion

Acceptance and Commitment Therapy at SickKids

Presented by

Dr. Sara Ahola Kohut, PhD, CPsych
Health Clinician Scientist, MPA
Psychologist, IBD Program

Mary Bell, MSW, RSW
Social Worker
Adolescent Medicine

Dr. Danielle Ruskin, PhD, CPsych
Psychologist
Chronic Pain Program

Sara Marlowe, MSW, RSW
Social Worker
Neurology



After attending this session, learners will be able to:

1. Explain the basic principles of ACT
2. Outline some research findings related to ACT in paediatrics
3. Describe a variety of applications of ACT with children and youth including those with co-occurring physical illnesses

Thursday Oct 4, 2018

11:00 am – 12:00 pm

SickKids Hospital, 555 University Avenue

Daniels Hollywood Theatre, room 1246, 1st floor Burton Wing

To pre-register for VIDEOCONFERENCE Videoconference Link – **Oct 4, 2018**

<https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=93313722>

For Webcast information please contact: sandra.silva@sickkids.ca